



**MARIPOSA MONCTON SKATING
CLUB RETURN TO SKATING**

***Operational
Policy, June 2020***

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INTRODUCTION

This policy has been developed taking into consideration guidelines, plans, and regulations set out by various organizations/government bodies, including Skate Canada, Skate NB, Government of New Brunswick, and the Superior Propane Centre. The goal of this policy is to limit transmission of SARS-CoV-2 virus and, in so doing, ensuring the safety of Mariposa Moncton's skaters, coaches, staff, volunteers, and the greater New Brunswick community during this unprecedented time of the COVID-19 pandemic. This policy aims to achieve this goal through outlining rules pertaining to Mariposa Moncton Skating Club members (ie skaters, coaches, staff, volunteers) and family and friends.

This policy is divided into the following:

1. About SARS-CoV-2 and COVID-19
2. Government of New Brunswick's Recovery Plan
3. Government of New Brunswick Community Public Health Measures Guidelines
4. Screening/Questionnaires/Self-assessment
5. Physical Distancing
6. Hygiene and Cleaning
7. Respiratory Hygiene
8. Personal Protective Equipment (PPE)
9. Programming/Scheduling of Classes
10. Communication with Coaches
11. Contact Information

1. ABOUT SARS-COV-2/COVID-19

TAKEN FROM: WWW2.GNB.CA/CONTENT/GNB/EN/DEPARTMENTS/OCMOH/CDC/CONTENT/RESPIRATORY_DISEASES/CORONAVIRUS/ABOUTCORONAVIRUS.HTML
ABOUT COVID-19 (MAY 28, 2020)

“Coronaviruses are a large family of viruses. They can cause illness ranging from mild symptoms, like the common cold, to more severe illness such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS-CoV). COVID-19 is a new disease caused by a strain of coronavirus that has not been previously identified in humans.

How it's transmitted

Human coronaviruses cause infections of the nose, throat and lungs. They are most commonly spread from an infected person through:

- respiratory droplets that are spread when you cough or sneeze
- close personal contact, such as touching or shaking hands
- touching something with the virus on it, then touching your mouth, nose or eyes before washing your hands

Symptoms

Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to a cold or flu.

Symptoms may take up to 14 days to appear after exposure to COVID-19.

Symptoms have included:

- Fever above 38 degrees Celsius
- A new cough, or worsening chronic cough
- Sore throat
- Runny nose
- Headache
- A new onset of fatigue
- A new onset of muscle pain
- Diarrhea
- Loss of sense of taste
- Loss of sense of smell
- In children, purple markings on the fingers and toes
- Difficulty breathing

In severe cases, infection can lead to death.

Treatment

As of the writing of this policy, there is no vaccine to protect against COVID-19.

Most people with mild illness will recover on their own. Your health care provider may recommend treatment or steps you can take to relieve symptoms. For those with more severe illness, hospitalization may be required.”

2. GOVERNMENT OF NEW BRUNSWICK RECOVERY PLAN

“New Brunswick’s COVID-19 and economic recovery road map

Government has introduced a phased recovery plan to ensure that businesses and organizations can resume their activities in a rapid yet safe manner. Progress across all phases will be monitored closely to ensure the health and safety of citizens and to limit the resurgence of COVID-19 transmission within the province.

Throughout all the phases, as we progress towards a “new normal” for New Brunswick, it is critical that everyone adhere to public health measures and restrictions to help protect our communities and loved ones.”

Details about COVID-19 and the government of New Brunswick’s response to this pandemic can be found at:

<https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19.html>

Details pertaining to the Government of New Brunswick’s recovery plan can be found at:

<https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/recovery.html>

on this site you will find:

- [New Brunswick’s COVID-19 and economic recovery road map](#)
- [The COVID-19 state of emergency and you](#)
- [Current public health alert level](#)
- [Public Health phases and triggers](#)
- [Red level](#)
- [Orange level](#)
- [Yellow level](#)
- [Green level](#)

3. GOVERNMENT OF NEW BRUNSWICK COMMUNITY PUBLIC HEALTH MEASURES GUIDELINES

“The following general public health measures are applicable to all individuals across all the phases of the recovery plan (from [https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-](https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/community_measures.html)

[19/community_measures.html](https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/community_measures.html)).

- **Physical distancing (minimum distance of two metres)**
Maintain a minimum distance of two meters between yourself and others at all times, with the exception of members of the same household or “bubble”. People must not congregate in groups; which will impact our daily routines, business operations and recreational activities.
- **Frequent and thorough handwashing**
Practice proper hand hygiene including [good handwashing practices](#). Proper handwashing requires regularly and thoroughly washing your hands with soap and water or minimum 60% alcohol-based hand sanitizer.
- **Cleaning surfaces properly**
For households, regularly [clean and disinfect](#) frequently touched objects and surfaces. Regular household cleaners, disinfectant wipes or a diluted bleach solution can be used according to the label directions.
- **Respiratory hygiene**
Practice good respiratory hygiene. When you cough or sneeze, do so into a tissue; dispose of the tissue and wash your hands afterwards. If you do not have a tissue available, cough into your sleeve or elbow.
- **Community face masks**
Wearing a [non-medical mask](#), also referred to as a community face mask, is required when unable to maintain physical distancing in the community (i.e. grocery stores, pharmacies, etc.).”

4. SCREENING/QUESTIONNAIRES/SELF-ASSESSMENT

The following screening measures may be required of skaters, coaches, parents/guardians, staff, and volunteers before participating in the program and/or upon entering the building:

- Temperature may be taken upon arrival. Any skater, coach, parent/guardian or staff member with an elevated temperature or fever (>38 deg Celsius), will be asked to return home and not enter the building and/or rink.
- The following questions will need to be answered before allowing skaters, coaches, staff, and volunteers to participate in the program:
 - Have or do you have any flu-like symptoms (e.g. coughing, shortness of breath, fever) or are you feeling otherwise unwell?
 - Have you had close contact within the last 14 days with a confirmed case of COVID-19?
 - Have you had close contact within the last 14 days with a person being tested for COVID-19?
 - Have you been diagnosed with COVID-19 or are you waiting to hear the results of a lab test for COVID-19?
 - Have you returned from travel outside of New Brunswick within the last 14 days?
 - Have you been told by public health that you may have been exposed to COVID-19, or are you from an orange-phase region of the province?
 - **Any skater, coach, parent/guardian, staff, or volunteer member responding “yes” to any of the above questions, will not be permitted to participate in the program.**
 - **Skaters, coaches, staff, or volunteer members are expected to answer these questions honestly. Failure to answer these questions honestly will result in expulsion from the program and a loss of privileges with Mariposa Moncton Skating Club.**

5. PHYSICAL DISTANCING

The following rules will be in place to help us facilitate and accomplish the physical distancing rules of maintaining 2m or 6' of distance between ourselves and others:

- To **DROP OFF** skaters, coaches, staff, and volunteers – please use the main entrance to the Superior Propane Centre. Everyone is expected to maintain 2m/6' from each other at all times. Skaters will have their skating attire already on. Proceed directly to your appropriate Rink (ie either C or D).
- In accordance with the Superior Propane Centre policies,
 - Skaters, coaches, parent/guardians, staff, and volunteers will not be permitted to wander around the Superior Propane Centre at will. Instead, skaters, coaches, staff and volunteers will only be permitted in rinks C and D. Parents and guardians will only be permitted to sit on the observation bleachers for rink D ONLY.
 - There is a washroom provided near the interstitial space in rinks C and D. Skaters will be permitted to use the washroom with permission by a coach.
 - Skaters, coaches, parent/guardians, staff, and volunteers are not permitted to use the change-rooms.
- To **PICK-UP** - all skaters, coaches, staff and volunteers will be exiting through the main lobby. Both doors will be marked with signage.
- We encourage parents to be prompt and on-time for pick-ups to alleviate excessive congregating.
- To minimize numbers of people within the Superior Propane Centre, only one parent/guardian per skater will be permitted within the building.
- Directional arrows will be marked on the floor to indicate traffic flow - from the entrance to the rinks, and from rink C to rink D, and to the exit.
- Appropriately spaced seating will be provided within each rink to permit changing of skates, or in the event a skater must leave the ice temporarily (with coach permission).
- At no time will skaters be permitted to congregate along the boards with other skaters.
- Skaters must maintain 2m/6' between each other when on the ice, except during instances where this cannot be avoided and/or if there is only a fleeting passing between one skater and another.

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- At no time will there be more than 15 Skaters/Coaches on the ice at one time.
- Coaches will not make physical contact with their skaters, with the exception if there were an emergency necessitating escorting their skater from the ice, etc.
- Coaches will be assigned a space along the boards where they will conduct their coaching. Coaches will not be permitted on the ice so as to maintain ONLY 15 skaters on the ice at one time.
- Classes will be scheduled with staggered start and finish times as to minimize traffic flow and to avoid groups from congregating.

6. HYGIENE AND CLEANING

The following rules must be followed by all skaters, coaches, staff, and volunteers and their families. We expect skaters and their families, to be diligent and cooperative in helping us achieve these goals:

- Upon entering the building, all skaters, coaches, parents/guardians, staff and volunteers will be required to hand sanitize. A hand sanitize station will be set up in the front entrance lobby.
- Hand sanitizers will be available at each ice surface at the entry gate. Skaters, coaches, staff, and volunteers are encouraged to use them frequently, as appropriate, throughout the session time.
- All skaters should have personal hand sanitizers in their skating bags, as an extra precaution.
- Frequent handwashing will be encouraged.
- Hard surfaces such as ice surface gates, doorknobs, light switches and stereo buttons and knobs, will be sprayed and wiped down with a disinfectant spray or wipes, before the session starts and at the conclusion of the session, by the coach and/or staff and/or volunteers.
- The Superior Propane Centre will be thoroughly cleaned with appropriate disinfectant between by the facility.
- Garbage cans will be tied and emptied between classes, by Superior Propane Centre staff.
- Skaters and coaches will be expected to perform proper hand washing (soap and warm water, rubbing all surfaces of hands and fingers for 15 seconds) after using the washroom facilities. Skaters and coaches will be asked to hand sanitize at the gate prior to stepping onto the ice surface.

7. RESPIRATORY HYGIENE

Face-coverings or face shield will be worn by all people entering the Superior Propane Centre as this is a public building. Face-coverings or face shields will be worn when a personal distance of 2m or 6' from others, cannot be maintained consistently. In many instances this is not safe, nor possible for many skaters while on the ice. As such, all skaters, coaches, staff, and volunteers are required to wear a face covering/face shield upon entering the Superior Propane Centre and when not on the ice and when not performing off-ice training.

Skaters, coaches, and staff will provide their own Kleenex (facial tissues) and will practice proper “sneeze and cough etiquette” (ie sneezing or coughing into their elbow and away from others when possible). Properly disposing of used Kleenex into the garbage cans, and hand sanitizing afterwards, will be enforced. Skaters, coaches, staff and volunteers will not use the “try to hit the basket” approach when disposing of their Kleenexes, instead individuals will walk to the garbage can and drop the Kleenex into the garbage can.

8. PERSONAL PROTECTIVE EQUIPMENT (PPE)

All skaters, coaches and staff are expected to bring their own personal face coverings or shields. These face coverings are expected to be worn when the individual not on the ice and when they are not performing off-ice training.

All skaters, coaches and staff are expected to bring their own personal hand sanitizer. A list of Health Canada approved hard surface disinfectants and hand sanitizers can be found at: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/hand-sanitizer.html>

The hand sanitizer stations used by Mariposa Moncton skating Club are Health Canada approved for COVID-19 usage.

9. PROGRAMMING/SCHEDULING OF CLASSES

All class scheduling offered by the Mariposa Moncton Skating Club has taken into consideration provincial government guidelines and the Superior Propane Centre COVID-19 Operational Plan.

There will be no more than 15 participants per session of skating or off-ice training. Off-ice training will occur on Rink C

10. PERTINENT EXCERPTS FROM THE SUPERIOR PROPANE CENTRE COVID-19 OPERATIONAL PLAN

“PHASE 1 – RE-OPENING COVID-19

Operating Plan is as follows:

SPC will allow a soft opening in Phase 1 which will allow for some activity to return to the facility. In partnership with the City of Moncton guidelines and recommendations from the Office of the Chief Medical Officer of Health for the Province of New Brunswick we will adhere to the limit of persons allowed in the facility for each activity. Further phases will also follow these directions and will loosen the protocols of Phase 1 as permitted.

Phase 1 will adhere to the Order of the Office of the Chief Medical Officer of Health for the Province of New Brunswick and limit the combined number of patrons, coaches, spectators, employees and service providers to 50 or less at one given time per Rink. Physical distancing measures of 6 feet / 2 metres will be enforced both on and off the ice.

Ice pads A (Arena of Champions) and D (Carroll Arena) will be operational with ice. Pads on B (Clarence Girouard Arena) and C (Gordie Drillon Arena) will be used as staging areas for participants.

Operational layouts are included as Appendix A for the lobby, Rink A main floor, Rink A bleachers and Rink D / Rink C.

Food and beverage services will be limited with Intermissions Café offering limited products (i.e. Coffee, hot chocolate, water, snacks). In Phase 1, Slapshots Restaurant will remain closed to program participants and spectators. The restaurant may open for special events as long as it abides by Office of the Chief Medical Officer of Health for the Province of New Brunswick guidelines and the City of Moncton. Food & Beverage service will be evaluated on

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an ongoing basis and will only operate when it is deemed to be safe to do so for both staff and guests.

No food & beverage is to be brought into the facility.

Access to the upper floor of SPC will be restricted to those viewing Rink D only. Spectators for Rink A will view from the seating areas of Rink A located behind the player's bench side only, mindful of proper physical distancing of 6 feet / 2 metres.

The lobby area will be restricted to flow through traffic only and spectators waiting for their players to finish are not permitted to wait in the lobby. The front entrance will be clearly marked as to which door is enter and which door is an exit, restricting any cross traffic pattern where at all possible.

Ice rinks start and finish times will be staggered to ensure minimum patron traffic, as well as longer gaps (30 minutes) between sessions to allow time for disinfecting processes to be followed.

On ice group sizes are to be determined to follow the recommendations of the Office of the Chief Medical Officer of Health for the Province of New Brunswick.”

“FIGURE SKATING / RECREATIONAL SKATING RECOMMENDATIONS

Ice slots will be used for instruction and practice for individuals only. There shall be no dual or pairs skating allowed during Phase 1.

Off-ice warm-ups should be done outside the facility or may be allowed 5 on the Rink C (Gordie Drillon Arena) dry pad with taped off designated areas.

These recommendations may be adjusted by direction from the Office of the Chief Medical Officer of Health for the Province of New Brunswick.”

SPC WILL CONTINUE TO EMPLOY THE FOLLOWING SANITATION PRACTICES:

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- Frequent handwashing will be encouraged.
- Frequent cleaning and disinfecting of all commonly touched surfaces such as interior and exterior door handles, railings, and ice rink gate handles.
- Common areas (Lobby, stairs, mezzanine, counters, etc.) and washrooms (faucets, hand-dryers, counters, urinals and toilets) to be cleaned and sanitized on a regular basis throughout the day.
- Sanitizing staging areas and dressing rooms (if used) between each user group. • Physical distancing of 6 feet / 2 metres between employees and between employees and the general public within the facility.
- Face masks and plexi-shields will be used where physical distancing cannot be guaranteed.
- Signage will be posted throughout the facility to emphasize to Guests & Staff the importance of frequent handwashing and proper hygiene practices.
- Floor markings, decals and signage (provided by the City of Moncton as indicated in the Indoor Signage ordering form) will be used where necessary to indicate physical distancing, directional foot traffic, no entry zones and other restrictions pertinent to reopening and Phase 1.
- Handwashing and sanitizing stations will be available in designated areas.
- SPC will journalize and document
 - Any employee symptoms of illness (temperatures if required)
 - Regular, daily, hourly and 'as needed' cleaning and disinfecting within the facility
 - Patrons entering the facility complete with venue, time and contact information through a screening process.”

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“ALL PARTICIPANTS, COACHES AND GUARDIANS WILL BE REQUIRED TO ABIDE BY THE FOLLOWING PROCEDURES AND GUIDELINES

- A questionnaire / screening process will be posed to every participant, coach, spectator regarding Covid-19 prior to entering the facility. Contact information will be collected for each person to assist in any Contact Tracing – each entrant of the facility shall register with name, venue, contact number and email to facilitate contact tracing should it be required by the health authorities.
- While on the premises of SPC (parking lot, within the arena, within dressing rooms, staging areas and on the playing surface) physical distancing of a minimum of 6 feet / 2 metres separation will be maintained between patrons, spectators, players on and off the ice, coaches and players on the ice, and employees of the Superior Propane Centre.
- User groups will only be permitted in the building 15 minutes prior to their activity/ice time and must exit 10 minutes after their session. There will be no early admittance to the facility.
- Participants will be directed to all exit and entrances of the facility. There will be signage directing participants to and from their designated ice surface to control the flow of patrons.
- Participants must come to the facility dressed with the majority of their equipment and ready for their activity.
- During Stage 1 dressing rooms will not be available to participants. There will be staging areas clearly marked where participants can finish preparing and remove items for departure. (i.e. skates, helmets)
- Player’s benches will be sectioned. Participants must sit within the section and utilize only one section during their session.
- Participants will all use their own water bottles – absolutely no sharing! Please fill at home.
- On ice physical distancing will be supported by use of cones and markers placed/drawn on the ice surface.

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- Shooting, passing, skating drills are permitted. No games or battle and compete drills
- Only 1 parent or guardian will be permitted in the building with each participant. No siblings.
- Upon entering the facility, the parent or guardian must go directly to their designated ice rink and remain in the stands in the Rink A (Arena of Champions), behind players bench side. Viewing 7 on the Rink D will be permitted on the second floor viewing area, including the balcony corners. These areas / stands will be marked to ensure physical distancing is practiced.
- Wearing of gloves will not be permitted by patrons of the facility. Frequent hand washing by patrons is recommended.
- Face masks are recommended where physical distancing cannot be safely maintained.
- Limit number of patrons in washrooms to two at one time to ensure physical distancing.
- **MOST IMPORTANTLY ...** If a participant, parent, guardian, or coach have recently travelled outside the country and have not cleared 14 days of self-quarantine or if a participant, parent, guardian, or coach are experiencing any COVID-19 symptoms or have had close contact with someone who has COVID-19 like symptoms, **DO NOT PARTICIPATE OR ENTER THE FACILITY.**”

“EMPLOYEE SCREENING

In effort to screen employees prior to entering the facility we will implement an active screening process that requires colleagues / Managers asking each other specific screening questions prior to the start of shift, as provided by the City of Moncton. This process will follow Worksafe NB guidelines as indicated in <https://www.worksafenb.ca/media/61016/embracing-the-new-normal.pdf> and <https://www.worksafenb.ca/safety-topics/covid-19/covid-19-frequently-asked-questions/>

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We will also follow City of Moncton guidelines on safe work practices where applicable and work with the City of Moncton Health and Safety officer as well as the Arena Division, Joint Health and Safety Committee. Screening Questionnaire is included in Appendix A.

ILLNESSES OR SYMPTOMS WITH BOTH STAFF AND PATRONS/PARTICIPANTS

Patron / Participant – Should a patron / participant develop symptoms during their time in the facility, they will be given a disposal face mask to wear and the staff interacting with them will wear one as well. The individual will be brought to the designated health area (First Aid Room). They will be asked to contact 811 as recommended by the Office of the Chief Medical Officer of Health for the Province of New Brunswick. Should they be tested and found positive for COVID-19, we will follow the communication protocols listed below.

Staff – If a Staff member develops symptoms of COVID-19 they will be asked to immediately put on their community face mask and go to the designated health area (First Aid Room). From there a Manager will advise them to contact 811 and log the information, following their recommendations. Should they be recommended for testing and found positive, we will follow the communication protocols listed below.

One confirmed case of COVID-19 (Individual who tests positive for the virus causing COVID-19); OR **Two or more suspect cases of COVID-19 may lead to facility closure.**

Suspect Case:

- An individual that has 2 or more of the following symptoms:
 - fever or signs of fever,
 - new cough or worsening chronic cough,
 - runny nose,
 - headache,

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- sore throat,
 - new onset of fatigue,
 - new onset of muscle pain,
 - diarrhea or loss of taste or smell; or
- An individual displaying purple fingers or toes even as the only symptom.

The facility cannot reopen until advised by Public Health. Regional Public Health will be involved to manage the outbreak and ensure contacts are identified; public health measures are in place and will lead any communication that is required.

COMMUNICATION PROTOCOLS

Should there be a single confirmed case or two suspected cases of COVID-19 of staff and/or patrons, we will immediately contact Public Health (Moncton Inspectors Main Office 856 2814) (Moncton Inspectors Com. Disease Line 856 3220) (Moncton Public Health Nurses 856 2401 and 856 3220) as well as City Staff members of the Facility Management Team.

We will follow any/all recommendations from Public Health at that time. We have email and phone numbers for everyone that enters the facility through our screening process and can communicate as needed. Our assumed protocol will be that if anyone at the facility is diagnosed with COVID-19 that we will send out notification to all patrons and staff that attended at the same time as that individual. We will make initial contact by email and ask for them to confirm receipt. For those who do not confirm receipt we will follow up by phone.

STAFF CONTACTS

Nick Frizzell, General Manager frizzell@superiorpropanecentre.com, Cell - 506-227-8476, Office – 506-384-4423 ext. 231 9

Jean Martin, Operations Manager martin@superiorpropanecentre.com, Cell - 506-874-8130, Office – 506-384-4423 ext. 230

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Christine Lawson, Programming Manager lawson@superiorpropanecentre.com, Cell - 506-850-6901, Office – 506-384-4423 ext. 221

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It's important to understand that this is not “business as usual”. We are venturing into a “new normal” with these procedures. Our goal is to create a safe and healthy environment for staff and users by making the necessary adjustments to help limit the risk of exposure to COVID-19. We are confident that by adhering to the above noted policies and procedures, while continuing to work with Office of the Chief Medical Officer of Health for the Province of New Brunswick and the City of Moncton that we can safely phase in a soft reopening of the Superior Propane Centre. Louis Gaudet & Nick Frizzell”

11. COMMUNICATION

For parents wishing to speak with their skater's coach about anything, please contact them via text, e-mail, or telephone unless otherwise agreed upon. There will be no direct physical communication with coaches inside the Superior Propane Centre.

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12. CONTACT INFORMATION

Mariposa Moncton Skating Club

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